



Resultados

72º CAMPEONATO BRASILEIRO MASTERS DE NATAÇÃO

12 a 15/12/2024 (50 METROS, 10 RAIAS)
CLUBE DE REGATAS VASCO DA GAMA - RIO DE JANEIRO/RJ

ABMN 1.1.0 - Sistemas de Natação Swim It Up!

29ª PROVA - 400 METROS LIVRE FEMININO (14/12/2024)

RECORDE MUNDIAL

25+	SOPHIE CASSON	4:18.62	2011	30+	DAWN HECKMAN	4:18.63	2011	35+	KARLYN PIPES-NIELSEN	4:26.17	1997	40+	JANET EVANS	4:22.87	2011
45+	Heidi GEORGE	4:30.64	2023	50+	JILL HERNANDEZ	4:40.66	2013	55+	LYNN MARSHALL	4:43.41	2016	60+	Lynn MARSHALL	4:53.58	2022
65+	Laura VAL	5:12.80	2019	70+	Laura VAL	5:21.19	2022	75+	YOSHIKO OSAKI	6:12.25	2013	80+	JANE ASHER	6:39.90	2012
85+	JANE ASHER	7:03.60	2016	90+	Jane ASHER	8:25.92	2022	95+	MAURINE KORNFELD	10:12.49	2016	100+	Betty BRUSSEL	12:50.30	2024

RECORDE SUL-AMERICANO

25+	VERONICA BALSANO	4:31.24	2012	30+	PILAR GEIJO	4:28.33	2014	35+	VERONICA BALSANO	4:27.91	2024	40+	NOELIA PETTI	4:54.15	2014
45+	VALESCA CRUZ	4:55.13	2017	50+	PETTI NOELIA	5:00.21	2024	55+	MARIA OLEKSIUK	5:22.51	2015	60+	ROSARIO VIVANCO	5:26.95	2009
65+	SILVIA BORGINI	5:57.70	2024	70+	VIRGINIA ABUCHAIBE	6:22.84	2024	75+	MARIA VIVANCO	6:40.18	2024	80+	MARIA PENNA	7:38.29	2019
85+	MARIA PENNA	8:22.22	2024	90+	ELIANA HERRERA	10:29.23	2024	95+	RECORDE ESTABELECE	59:59.99	1900	100+	RECORDE ESTABELECE	59:59.99	1900

105+ **RECORDE ESTABELECE** **59:59.99** 1900

RECORDE BRASILEIRO

PRÉ				25+	VERONICA BALSANO	4:31.24	2012	30+	VERONICA BALSANO	4:30.52	2019	35+	VERONICA BALSANO	4:31.76	2023
40+	ROSELI SILVA	4:56.15	2001	45+	VALESCA CRUZ	4:55.13	2017	50+	VALESCA CRUZ	5:10.11	2022	55+	ROSELI SILVA	5:23.34	2019
60+	ROSELI SILVA	5:30.30	2024	65+	HEDLA LOPES	6:21.82	2023	70+	MARIA PENNA	6:32.83	2012	75+	MARIA PENNA	6:48.11	2014
80+	MARIA PENNA	7:38.29	2019	85+	MARIA PENNA	8:22.22	2024	90+	MARIA LENK	11:42.35	2006	95+	RECORDE ESTABELECE	59:59.99	1900

100+ **RECORDE ESTABELECE** **59:59.99** 1900 105+ **RECORDE ESTABELECE** **59:59.99** 1900

COL.	MATR.	ATLETA/EQUIPE	EQUIPE	TEMPO	PTS	IT	REC.
FAIXA: 25 +							
1º	118364	ELIANI DELUCCA GUIMARÃES RODRIGUES HAGE 100m: 1:19.64 200m: 2:46.34 (1:26.70)300m: 4:13.09	CLUBE DO REMO (1:26.75)400m: 5:37.75 (1:24.66)	5:37.75	18,00	130,60	
2º	128370	LUÍSA SILVA DE CARVALHO RIBEIRO 100m: 1:20.08 200m: 2:47.97 (1:27.89)300m: 4:16.09	MINAS T. C. (1:28.12)400m: 5:38.32 (1:22.23)	5:38.32	16,00	130,82	
3º	120526	HANNA CRISTINA CASTRO SOUZA 100m: 1:35.33 200m: 3:20.59 (1:45.26)300m: 5:08.33	ESTRELA OESTE (1:47.74)400m: 6:52.16 (1:43.83)	6:52.16	14,00	159,37	
FAIXA: 30 +							
1º	121767	ARIADNE FRANCINE POPADIUK VILLMS 100m: 1:44.77 200m: 3:41.47 (1:56.70)300m: 5:41.40	RKF SWIM TEAM (1:59.93)400m: 7:43.03 (2:01.63)	7:43.03	18,00	179,03	
N/C	127978	GABRIELA NAVEGA OLIVEIRA CATTÁ PRETA	FLAMENGO				
FAIXA: 35 +							
1º	118920	BEATRIZ NANTES 100m: 1:16.39 200m: 2:37.65 (1:21.26)300m: 3:59.37	BARDI & OKUDA (1:21.72)400m: 5:18.79 (1:19.42)	5:18.79	18,00	119,77	
2º	131347	TASSIA GOMES BENETTI BARBOSA 100m: 1:23.68 200m: 2:59.81 (1:36.13)300m: 4:39.61	TIJUCA T.C. (1:39.80)400m: 6:18.64 (1:39.03)	6:18.64	16,00	142,25	
FAIXA: 40 +							
1º	7973	CLAUDIA VANISSE MIRANDA DE B. COSTA 100m: 1:11.51 200m: 2:28.93 (1:17.42)300m: 3:48.87	LIRA T. C. (1:19.94)400m: 5:07.44 (1:18.57)	5:07.44	18,00	116,96	
2º	112654	FERNANDA MURER 100m: 1:19.03 200m: 2:45.19 (1:26.16)300m: 4:10.94	BARDI & OKUDA (1:25.75)400m: 5:07.44 (56.50)	5:31.98	16,00	126,29	
3º	7406	ISABEL COSTA FIGUEIREDO 100m: 1:21.34 200m: 2:50.69 (1:29.35)300m: 4:20.32	DF MASTERS (1:29.63)400m: 5:46.99 (1:26.67)	5:46.99	14,00	132,00	
4º	127114	EVELYN CARVALHO DE OLIVEIRA 100m: 1:23.99 200m: 2:55.83 (1:31.84)300m: 4:30.97	SEST SENAT/A3 SWIM TEAM (1:35.14)400m: 6:05.34 (1:34.37)	6:05.34	13,00	138,98	
N/C	105933	GABRIELA DE VASCONCELOS COSTA LOBATO	TIJUCA T.C.				
FAIXA: 45 +							
1º	129574	PRISCILA JANSEN 100m: 1:18.18 200m: 2:43.90 (1:25.72)300m: 4:10.14	TIJUCA T.C. (1:26.24)400m: 4:32.91 (22.77)	5:34.80	18,00	123,71	
2º	121401	MARIANA LOPES DA COSTA SENRA 100m: 1:23.26 200m: 2:53.91 (1:30.65)300m: 4:24.91	BODYTECH - BH (1:31.00)400m: 5:53.85 (1:28.94)	5:53.85	16,00	130,75	
3º	120678	ANA CAROLINA BORGES MATTOS 100m: 1:29.19 200m: 3:05.98 (1:36.79)300m: 4:43.66	FLAMENGO (1:37.68)400m: 6:18.90 (1:35.24)	6:18.90	14,00	140,00	
4º	109494	ANNA PAULA FERREIRA BRAGA 100m: 1:32.79 200m: 3:11.26 (1:38.47)300m: 4:49.29	PRAIA CLUBE (1:38.03)400m: 6:24.77 (1:35.48)	6:24.77	13,00	142,17	
5º	120414	ANDREIA CRISTINA LOPES DA SILVA 100m: 1:39.94 200m: 3:31.44 (1:51.50)300m: 5:26.46	TIJUCA T.C. (1:55.02)400m: 7:15.00 (1:48.54)	7:15.00	12,00	160,73	
6º	123465	LUCIANA LUSTOSA MONTEIRO 100m: 1:51.56 200m: 3:55.81 (2:04.25)300m: 6:01.69	TIJUCA T.C. (2:05.88)400m: 8:04.86 (2:03.17)	8:04.86	11,00	179,15	
FAIXA: 50 +							
1º	108384	MAYLU DE CERQUEIRA LIMA DA ROCHA 100m: 1:16.87 200m: 2:39.56 (1:22.69)300m: 4:04.81	FLUMINENSE (1:25.25)400m: 5:28.76 (1:23.95)	5:28.76	18,00	117,14	
2º	123038	ANA CLYCIA BATISTA LOPES 100m: 1:26.43 200m: 3:00.46 (1:34.03)300m: 4:35.70	CLUBE DO REMO (1:35.24)400m: 7:30.15 (2:54.45)	6:07.63	16,00	130,99	
3º	106027	CRISTIANE MEIRELES ORFINO 100m: 1:29.55 200m: 3:06.63 (1:37.08)300m: 4:42.58	TIJUCA T.C. (1:35.95)400m: 6:44.54 (2:01.96)	6:12.19	14,00	132,61	
4º	128248	ANA CLARK RIBEIRO FERREIRA 100m: 1:53.45 200m: 3:58.75 (2:05.30)300m: 6:01.22	FLAMENGO (2:02.47)400m: 8:03.67 (2:02.45)	7:56.48	13,00	169,77	
5º	120700	VALERIA CAVALCANTE FERNANDES 100m: 1:49.26 200m: 3:54.09 (2:04.83)300m: 6:01.83	TIJUCA T.C. (2:07.74)400m: 8:03.09 (2:01.26)	8:03.09	12,00	172,13	
6º	131002	DANIELA DE MEDEIROS TAVARES FERREIRA 100m: 1:48.48 200m: 3:52.78 (2:04.30)300m: S/T	FLAMENGO (S/T) 400m: 6:50.57 (S/T)	8:03.19	11,00	172,16	
7º	120671	FERNANDA CRISTINA SOUSA CUNHA 100m: 1:47.54 200m: 3:51.75 (2:04.21)300m: 6:00.93	TIJUCA T.C. (2:09.18)400m: 8:10.87 (2:09.94)	8:10.87	10,00	174,90	
N/C	7632	MARCELLA CESAR G MARCELLINO (BOLSA ATLETA MS)	RADIO CLUBE				



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FAIXA: 55 +							
1º	3606	PATRICIA QUEIROZ BRITTO (YACHT CLUBE BAHIA)	YACHT CLUBE/CBC/BA	6:02.26	18,00	127,82	
		100m: 1:25.97 200m: 2:59.25 (1:33.28)300m: 4:31.29	(1:32.04)400m: 6:02.26 (1:30.97)				
2º	5917	MONICA BOTELHO SOARES DE BRITO	A. PARAENSE	6:32.58	16,00	138,52	
		100m: 1:32.57 200m: 3:12.75 (1:40.18)300m: 4:54.35	(1:41.60)400m: 6:32.58 (1:38.23)				
3º	121478	KARINA GURJAO SAMPAIO POMBO (SMART.TEL)	A. PARAENSE	7:20.69	14,00	155,50	
		100m: 1:33.82 200m: 3:27.92 (1:54.10)300m: 5:27.22	(1:59.30)400m: 7:20.69 (1:53.47)				
4º	121840	MARIA DO SOCORRO COSTA DO AMARAL	LIRA T. C.	7:58.65	13,00	168,89	
		100m: 1:52.39 200m: 3:56.22 (2:03.83)300m: 6:02.66	(2:06.44)400m: 7:58.65 (1:55.99)				
FAIXA: 60 +							
1º	1958	FATIMA AULER BOGDANSKI	FLAMENGO	6:27.19	18,00	131,89	
		100m: 1:32.48 200m: 3:12.26 (1:39.78)300m: 4:51.78	(1:39.52)400m: 6:27.19 (1:35.41)				
2º	7139	MIRIAM TERESA S. XAVIER GAGLIANONE	FLAMENGO	6:48.15	16,00	139,03	
		100m: 1:36.63 200m: 3:20.72 (1:44.09)300m: 5:05.20	(1:44.48)400m: 6:48.15 (1:42.95)				
3º	7848	ADAILZA PIMENTEL BISSA (AEST - SERRA/ES)	SUPER POWER TEAM	7:37.20	14,00	155,73	
		100m: 1:49.82 200m: 3:47.06 (1:57.24)300m: 5:44.77	(1:57.71)400m: 7:37.20 (1:52.43)				
4º	5880	VALQUIRIA RODRIGUES BARBOSA	CRVG	7:40.45	13,00	156,84	
		100m: 1:48.12 200m: S/T (S/T) 300m: 5:46.93	(S/T) 400m: 7:40.45 (1:53.52)				
5º	117895	LUCIA DE FÁTIMA MENEZES SALES	LIRA T. C.	8:25.22	12,00	172,09	
		100m: 1:55.95 200m: 4:06.94 (2:10.99)300m: 6:17.60	(2:10.66)400m: 8:19.77 (2:02.17)				
6º	7985	JOSIANE DA SILVA	V S	10:03.72	11,00	205,64	
		100m: 2:22.36 200m: 4:57.37 (2:35.01)300m: 7:33.23	(2:35.86)400m: 10:03.72 (2:30.49)				
FAIXA: 65 +							
1º	2734	DULCE LEAL LESSA	BOM PASTOR	6:26.01	18,00	123,40	
		100m: 1:32.37 200m: 3:11.04 (1:38.67)300m: 4:50.29	(1:39.25)400m: 6:50.70 (2:00.41)				
2º	129461	ROSANA ONO DE SOUSA HASHIMOTO	V S	6:30.26	16,00	124,76	
		100m: 1:31.42 200m: 3:10.31 (1:38.89)300m: 4:51.18	(1:40.87)400m: 4:51.61 (00.43)				
3º	123035	MARIA ALEXANDRE OLIVEIRA	CLUBE DO REMO	9:13.06	14,00	176,81	
		100m: 2:13.07 200m: 4:30.94 (2:17.87)300m: 6:53.38	(2:22.44)400m: 9:07.21 (2:13.83)				
FAIXA: 70 +							
1º	23862	MARISE LEO MARQUES BAIOCCHI (VS)	V S	8:38.50	18,00	161,43	
		100m: 2:01.53 200m: 4:15.27 (2:13.74)300m: 6:31.90	(2:16.63)400m: 8:38.50 (2:06.60)				
2º	4743	HELANE QUEZADO DE MAGALHÃES (CIA. AQUÁTICA)	D STAK	8:41.61	16,00	162,40	
		100m: 2:02.92 200m: 4:15.24 (2:12.32)300m: 6:29.71	(2:14.47)400m: 8:41.61 (2:11.90)				
3º	5163	LENICE LOPES GONÇALVES	TIJUCA T.C.	11:13.91	14,00	209,82	
		100m: 2:36.07 200m: 5:27.80 (2:51.73)300m: 8:21.81	(2:54.01)400m: 8:22.13 (00.32)				
FAIXA: 75 +							
1º	4316	CONSUELO BEZERRA DA ROCHA	FLAMENGO	13:32.37	18,00	218,23	
		100m: 3:12.39 200m: 6:38.28 (3:25.89)300m: 10:07.41	(3:29.13)400m: 11:50.93 (1:43.52)				
FAIXA: 80 +							
1º	4045	HERILENE HENRIQUES DE FREITAS (AABB/NITEROI)	V S	8:19.55	18,00	124,92	
		100m: 2:00.54 200m: 4:10.92 (2:10.38)300m: 6:20.08	(2:09.16)400m: 8:19.55 (1:59.47)				